



SEX AND RELATIONSHIPS POLICY

Updated: September 2011

Reviewed: Autumn 2013, May 16, autumn 2017

Next review: Autumn 2019

Learn Together, Shine Together



Our Mission Statement

St Catherine's is proud to be a Church of England Aided School, our belief being that God has made our world and has come to it in Jesus Christ.

The Christian values of compassion, honesty, fairness, love, and respect of God's world are at the heart of our community, giving us the inspiration for our life together as a family school, and underpin everything we do.

SEX AND RELATIONSHIPS POLICY

Policy Aims

At St Catherine's CE Primary School we believe that children of all year groups should be enabled to develop knowledge and understanding, skills, and attitudes and values relating to growth and change, personal safety and relationships within the context of family life, thus equipping them for their lives now, through puberty, adolescence and adulthood. Emphasis is placed on the physical and emotional health and well being of the child.

Sex and relationship education is designed to prepare all pupils for the future, regardless of sexual orientation or gender identity

Objectives

1. To help each child grow with both an understanding and a respect for others. To recognise that they are unique in both physical appearance and character. To develop through sensitive teaching, skills that enable each child to realise that growth and change is an ongoing experience for everyone.
2. To develop each child's sense of individual worth and self-respect and to emphasise that everyone has rights, responsibilities and control over their own body.
3. To enable each child to develop knowledge and understanding of the changes that happen to them as they are growing up, and to recognise puberty as a special time.

Content and Organisation

Sex and Relationships Education will be delivered through the PSHCE programme, through discrete time and through other National Curriculum subjects, e.g. Science, RE, English. It will be delivered by class teachers/HLTA's and other agencies e.g. Community Police (stranger danger).

Where appropriate, sessions will be delivered to single gender groups and both boys and girls will have equal access to information. As well, some sessions will be delivered to mixed gender groups depending on the content of material.

Correct terminology will be used in class to avoid confusion

A variety of teaching methods will be used including discussion, worksheet, video and circle time activities.



Resources

Resources used will be appropriate to the maturity and understanding of children. Resources will be inclusive in terms of images, language, and learning styles and will avoid racism, sexism, gender and homophobic stereotyping.

Dealing with questions

Questions will be answered sensitively, honestly and appropriate to the age and understanding of children, either in class, individually or referring to the child's parent.

Disclosure

If a disclosure is made where a child is deemed to be at risk this will be followed up in accordance with child protection procedures.

Working with parents

Parents will be informed by letter when SRE sessions on puberty will be taking place in order to enable them to have further discussions with their child if they so wish.

Parents have the right to withdraw their child from any sex and relationships education which does not form part of the National Curriculum. We do hope that parents will discuss any concerns they might have so that any misunderstandings might be resolved before such a decision is taken.

Monitoring and Evaluation

The SRE programme will be monitored through ongoing feedback from staff, pupils and parents. The policy will be reviewed every two years.

Conclusion

On leaving St Catherine's CE Primary School it is hoped that each child has gained a sound foundation on which to continue developing a healthy lifestyle, including high self esteem; and that each child is enabled to make informed decisions.